

# Session

AT THE  
A/R/E CAFE

215 67<sup>th</sup> Street VB,VA 23451 757-457-7105

## SIDE PIECES

House Turkey Sausage.....	4
Bacon / Tempeh.....	4
Root Vegetable Hash.....	5
Herb Crispy Potatoes.....	5
Two Eggs Your Way.....	4
Toast.....	3
Bowl of Fruit.....	4
Bagel + Cream Cheese.....	5
Fruit + Granola Parfait*.....	9
Vegan Parfait*.....	10
Garden Salad.....	5
1/2lb Chicken Salad.....	10
Dijon Cabbage Slaw.....	4
Chips.....	3

\*contains tree nuts



SMOOTHIES  
+ BEVS!

everything served all day!

substitute egg whites in any meal for +3

V = vegetarian as is | VV = vegan as is | GF = gluten free as is

## I N A B R E A K F A S T M O O D

### BREAKFAST FRIED RICE <sup>12</sup> V|GF

brown rice, broccoli, carrot, sweet onion, two scrambled eggs, pickled red onion, scallion, gochujang aioli

'just egg' +2 | fried egg +1.5 | avocado +2.5 | chicken +4.5  
turkey sausage, thicc bacon or tempeh bacon +2.5

### BREAKFAST BURRITO <sup>13</sup> V

three scrambled eggs, root vegetable hash, arugula, cheddar, house pico, gochujang aioli, flour tortilla

'just egg' +2 | vegan cheddar +5.0 | chicken +4.5  
turkey sausage, thicc bacon or tempeh bacon +2.5  
gluten free wrap +1 | avocado +2.5

### YOUR DADS GO TO <sup>13</sup>

two eggs of your choice, bacon or turkey sausage, root vegetable hash or crispy potatoes, bagel, croissant or sourdough with greens

gluten free bread or bagel +1 | tempeh bacon +2  
'just egg' +2

### ROASTED VEG BOWL <sup>13</sup> V|GF

broccoli, root vegetable hash, arugula, apple, choice of egg, pickled red onion, scallion, basil + chive dressing

'just egg' +2 | chicken +4.5  
turkey sausage, thicc bacon or tempeh bacon +2.5

### THE CLASSIC <sup>10</sup> V|GF

a customizable breakfast sandwich

choose: plain bagel | everything bagel | croissant | sourdough  
choose: cheddar | swiss | pepper jack | vegan cheddar +5.0  
choose: scrambled | runny | medium | hard | 'just egg' +2  
choose: basil dressing (wv) | gochujang aioli | habanero crema  
gluten free bread +1 or bagel +2  
avocado +2.5 | chicken +4.5  
turkey sausage, thicc bacon or tempeh bacon +2.5

### FRITTATA <sup>11</sup> V|GF

egg, broccoli, crimini mushroom, red onion, spinach, dill, garlic, cheddar, served with house pico

(no modifications) | chicken +4.5  
turkey sausage, thicc bacon or tempeh bacon +2.5

### THE HERBIE <sup>14</sup> V|GF

herbed potatoes, arugula, choice of egg, chili crunch\*, pickled red onion, scallion, parmesan, herb aioli + ginger herb coulis

'just egg' +2 | nooch +1 | avocado +2.5 | chicken +4.5  
turkey sausage, thicc bacon or tempeh bacon +2.5

\*contains peanuts

### LOX BAGEL <sup>16</sup>

smoked salmon, scallion, cream cheese, cucumber slices, red onion, dill, capers, everything seasoning, lemon

choose: plain bagel | everything bagel  
gluten free bagel +2 | avocado +2.5

### AVOCADO TOAST <sup>14</sup> VV

avocado, pickled red onion, carrot, radish, parsley, everything seasoning, basil + chive dressing on sourdough

scrambled +2 | runny, medium, hard +1  
'just egg' +2.5 | gluten free bread +1

## F E E L I N ' M O R E L I K E L U N C H

### HOT BOI <sup>15</sup>

roasted chicken, thicc bacon, pepper jack, roasted bell peppers, arugula, habanero crema, garlic flour tortilla

gluten free wrap +1 | tempeh bacon +2 | avocado +2.5  
pro tip: try adding scrambled eggs +2

### MUSHROOM BANH MI <sup>12</sup> VV

duxelles, roasted mushrooms, pickled carrot, pickled red onion, jalapeno, cilantro, vegan gochujang aioli, ciabatta

thicc bacon or tempeh bacon +2.5 | chicken +4.5  
gluten free bread +1 | over greens +1 | avocado +2.5

### AVO BLT SALAD <sup>14</sup>

mixed greens, cherry tomato, thicc bacon, avocado, green onion, radish, house broccoli sprouts, everything seasoned croutons, basil + chive dressing

tempeh bacon +2 | chicken or chicken salad +4.5

### CHICKEN SALAD SAMMY <sup>12</sup>

roasted chicken, celery, carrot, green onion, parsley, lemon zest, thyme, arugula, chopped walnuts, ciabatta roll

gluten free bread +1 | over greens +1 | avocado +2.5  
thicc bacon +2.5

### THE NANCY <sup>14</sup>

thicc cut turkey, swiss, dijon cabbage slaw, red onion, tangy russian dressing, torched sourdough

gluten free bread +1 | thicc bacon +2.5

### BUTTER ME UP <sup>13</sup> VV|GF

warm butternut squash, mixed greens, quinoa crunch, pickled beet slices, chopped pumpkin seeds, parsley, roasted garlic dijon vinaigrette

thicc bacon or tempeh bacon +2.5  
chicken or chicken salad +4.5

### UP IN THE CLUB <sup>16</sup>

chicken salad, sliced turkey, thicc bacon, mozzarella, cashew pesto, arugula, torched sourdough

gluten free bread +1 | tempeh bacon +2  
avocado +2.5

### CHICKEN CAES' <sup>14</sup>

roasted chicken, arugula, cucumber, house broccoli sprouts, parmesan, house caesar

choose: sourdough | tortilla  
gluten free bread or wrap +1 | over greens +1  
avocado +2.5 | thicc bacon +2.5

### PURPLE RAIN <sup>13</sup> GF

arugula, red cabbage, blueberries, cucumber, sweet heat pecans, goat cheese crumbles, chia & flax seeds mixed berry vinaigrette

thicc bacon or tempeh bacon +2.5  
chicken or chicken salad +4.5

## SMOOTHIES

add vanilla or chocolate plant based protein +2  
make it a bowl topped with house granola + fruit + honey | +2

**THE WARREN\_G**..... 8  
strawberry, pineapple, banana,  
unsweetened almond milk

**C.R.E.A.M.**..... 8  
house cold brew, peanut butter, banana,  
cocoa powder, unsweetened almond milk

**DIGABLE PLANTS**..... 8  
carrot, baked sweet potato, pineapple,  
orange, lemon, unsweetened almond  
milk

**A TRIBE CALLED QUENCH....** 8  
mango, pineapple, orange, lime, coconut,  
greek yogurt

**JURASSIC FRUIT**..... 9  
dragon fruit, banana, peach, red beet, lime,  
unsweetened almond milk

**GING' + JUICE**..... 9  
ginger, mango, strawberry, lemon, cayenne  
pepper, unsweetened almond milk

**MONEY GREEN LEATHER SOFA...** 9  
pineapple, banana, spinach, coconut,  
flaxseed, greek yogurt

**THE BLUE PRINT**..... 9  
blueberry, mango, banana, blue spirulina,  
unsweetened almond milk

for the little ones

**AQUEMINIS**..... 5  
• berries, banana, unsweetened almond milk  
• pineapple, banana, unsweetened almond milk  
• banana, cocoa powder, honey, unsweetened  
almond milk

## COCKTAILS

**BLOODY MARY**..... 9  
waterman spirits organic vodka, zing zang, old bay rim - doesn't miss

**SCREWDRIVER**..... 9  
waterman spirits organic vodka, fresh squeezed orange juice

**GREYHOUND**..... 10  
waterman spirits organic vodka, fresh squeezed grapefruit juice

**PALOMA**..... 10  
espolòn, fresh squeezed grapefruit juice, salted rim

**MULE**..... 10  
waterman spirit organic vodka or espolòn, ginger beer

**FRESH MARGARITA**..... 12  
espolòn, fresh squeezed lime juice, sugar in the raw simple,  
splash of lime soda water, salt + tajin rim

**BOOZY BUBBLY**..... 13  
mimosa of your choice + a shot of waterman spirits organic vodka

## BEER

**narragansett** light lager .....4

**buenaveza** salt & lime lager .....5

**allagash white** witbier .....5

**big wave** golden ale .....5

**wapatoolie** tropical IPA .....7

## CHAMPAGNE + WINE

**mimosa | mimosa flights**.....7|15  
ask what juices we have today!

**los monteros cava**.....6|22  
Catalonia, Spain / fine bubbles, fruity, dry

**prochaine chardonnay**.....7|26  
Languedoc-Roussillon, France / unoaked, light acidity, creamy

**olivares rosé**.....7|26  
Murcia, Spain / vibrant, juicy, crushable

**kind stranger rosé**.....11|42  
Washington, USA / strawberry, watermelon, bone-dry

# drinks + dranks

## COFFEE + CO.

drip coffee ..... 3

cold brew ..... 5

espresso ..... 3

cortado ..... 3.5

cappuccino ..... 4

latte ..... 5

signature latte ..... 6

americano ..... 4

add cold foam ..... 1

add signature flavor ..... € .50

fresh squeeze orange juice ..... 4.5

fresh squeezed grapefruit juice .... 4

unsweet peach iced tea ..... 3

hot tea ..... 3